**University of Lincoln Sports Bursary Scheme**

# Introduction

The University of Lincoln is committed to raising the standard of University sport and a bursary scheme has been established to support athletes in their pursuit of excellence. The bursary scheme will provide access to funding, alongside sport science support from experts in their field. This will be facilitated through the Universities state of the art Human Performance Centre and the impressive on campus Sport facilities. The bursary system intends to attract talented sport performers who will enhance the success of the University.

*The Sports Bursary scheme aims to realise the individual’s potential both as an academic and as an elite sports performer.*

# Eligibility and selection criteria

Athletes who are eligible to apply and who may be entitled to bursary support must meet the following criteria:

* You must fulfil the normal academic requirements of the course that you are applying for.
* You would normally participate in a sport that is recognised by Sport England and currently be performing at a National or International level, or be able to demonstrate strong *evidence* that you have the potential to achieve this standard
* You should be enthusiastically committed to representing the University of Lincoln and supporting student sport.
* You must be prepared to fulfil an ambassadorial role for the University.

# What the Athlete Receives

For sports people meeting the criteria there is up to £1,000 pa available. In addition to this the performer will receive additional benefits that include:

* The provision of free access to University sports facilities (linked to the athletic needs of the individual).
* Sport Science support including exercise testing, strength and conditioning, nutritional advice and lifestyle management. 25% each successful applicant’s grant will be allocated to this resource.
* The means to facilitate Injury and rehabilitation if required.
* The provision for academic flexibility to support sport representation (at a University, National or International level).

# Monitoring the Individual Athletes Performance

The University realise that elite performers have many pressures upon them and in order to assist them in their sporting and academic pursuit each athlete will be appointed a mentor. The mentor will be a key link that provides guidance and support.

As a bursary student you will be required to adhere to the following processes:

* Identify your goals (performance and academic) over the short, medium and long term. This should be put in writing and will form part of the review process with your appointed mentor
* Maintain a competition record and provide evidence of University representation and commitment.
* Provide a e-photo for the web-site and compose a short biography.
* Attended organised programmes and events.
* Provide Funding expenditure evidence.
* Attend and achieve within your academic programme.
* Regularly review your academic progress with your mentor.

We expect successful athletes to be accountable to the University.

The Bursary will not be provided as a lump sum, but will be claimed at key points in the academic year. The athlete would not be eligible to claim if he/she failed to comply with University Regulations or was not prepared to engage in the monitoring process.

# Application process

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| Prospective UL Student |  |
| UCAS application form to UL | Dec/Jan |
| Bursary application form returned | Mar to Oct |
| UL Academic offer | Sept |
| Obtain successful academic results | Sept |
| Bursary applicants shortlist and interview | Oct/Nov |
| Formal bursary agreement signed  Existing Students\* | Oct/Nov |
| Complete Application Form | Aug - Oct |
| Bursary applicants shortlist and interview | Oct |
| Formal Bursary agreement signed | Oct |

**Instalments**

Will be made according to the award, first payment will be normally November:

# Application Form

If you feel that you meet the criteria please complete the following application form. Please note that the University of Lincoln welcomes applications from athletes with disabilities.

# Application Form

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| **SURNAME** (Mr / Mrs / Miss / Ms / Other) |  |
| **FIRST NAMES** |  |
| **COURSE AND PROGRAMME PLUS LEVEL** |  |
| **DATE OF BIRTH** |  |
| **DISABILITY Y/N**  Please provide details: |  |

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| **ADDRESS FOR CORRESPONDANCE** |  |
| Home Address | Term Time Address |
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| Post Code | Post Code |

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| **CONTACT TELEPHONE NUMBER:**  **MOBILE NUMBER:** |  | |
| **EMAIL:** |  | |
| **STATUS** |  | |
| **Are you entering your first year?**    **Are you a current student?** | YES ⁭ NO ⁭    YES ⁭ NO ⁭ | |
| **Student ID No** |  | |
| **Personal Tutor** |  | |
| **SPORT** | |  | |
| **NATIONAL GOVERNING BODY** | |  | |

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| **SPORTING ACHIEVEMENTS –**  Please provide evidence of your sporting standard for example listing representative honours, National Ranking, Competition performance, Personal Bests etc… Please give as much information at possible (dates, number of competitors, level of competition etc…) continue on a separate sheet if necessary. |
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| **SPORTING ASPIRATIONS –**  Please give details of your aspirations and specific targets (including dates of trials etc.. where relevant) for this sporting season and also a brief idea of your longer term aims |
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| **Support Required –**  (make your case for support) How the bursary will help your performance or sports development. Provide support for coaching etc. **Provide a breakdown of cost involved**.  Give details of any other funding support you have or expect to receive |
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| **SPORTING TESTIMONIAL**  This testimonial should confirm your performances at national or international standard. Ideally it should be from someone who has an overview of all National performers at your level e.g. your National Governing Body or National Team coach. Your club coach is not ideal as they are not necessarily that objective. Please add the name and address of the person writing your sporting testimonial below. |
| NAME |
| ADDRESS |
| DETAILS (please continue on another sheet if necessary) |
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| **SPORTING MISCELLANEOUS –**  Please include any other relevant information here such as coaching awards, clubs you are / have been a member of etc.. |
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| **Injuries**  Have you suffered at any time from illness or injury that has kept you from training and competition  YES ⁭  NO ⁭  if yes give nature with dates |
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I confirm that all the information I have provided is accurate.

I am aware that if I am awarded a bursary I will be a sporting ambassador for the University of Lincoln and will comply with the rules and regulations of the University as well as the Governing Body of my sport.

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| --- | --- |
| **Signature of Applicant** | **Date** |

**Please return your completed application form by Wednesday 11th October 2023:**

Dr Thomas Gee

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University of Lincoln

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