# Who can participate?

## Everyone.

As nearly all of us use health and social care services we want to meet people from different communities and backgrounds who can share their lived experience with our students and staff. This includes people who have learning disabilities; physical disabilities; and people who have used mental health, physiotherapy or occupational therapy services. We also want to work with parents, children, young people and carers.

# We need you.

Below are some of the ways you can help us.











# Develop

Contribute to the design and development of new course provision to ensure our healthcare courses meet the Standards for Education and Training as set by regulatory bodies.

## Help us by:

Attending focus group discussions and offering your ideas and views about programmes and module content.

Reading documents and giving feedback.

Representing a patient, service user or carer at validation panel meetings.

#### **Duration:**

1-2 hours, adhoc.

# Select

It is important that prospective students can meet patients, service users and carers at the interview stage of their application. Furthermore, service users and carers can help with the selection interviews for new staff in the School.

## Help us by:

Sharing your lived experiences in small groups and evaluating feedback notes.

Being part of a panel in a selection interview with University staff.

Representing the patient, service user and carer.

#### **Duration:**

0.5-1 day, monthly.

# Review

Patients, service users and carers have the opportunity to be involved in student assessment sessions for our programmes. These include our undergraduate and Master's programmes as well as various professional development programmes.

## Help us by:

Considering the work presented by students and provide feedback based on your own experiences.

Being part of a panel with University staff.

Marking presentations against a set criteria.

#### **Duration:**

0.5-1 day, quarterly.

# Share

Do you live with a health condition or disability? Have you been in hospital or used health care services? Do you care for someone who has? We would like you to share those experiences with us.

## Help us by:

Talking about what it is like to live with a disability or illness.

Helping students understand the impact that a disability/illness has on your life.

Commenting on the services that you have received.

Using your knowledge and experience of services in role play or simulation activities.

## **Duration:**

To suit you.

# Research

Get involved in research programmes across the School as a co-researcher. There are also opportunities to be part of our Ethics Committee to discuss and agree our strategic approach to research.

## Help us by:

Contributing to the design of research.

Collecting data.

Analysing, interpreting and disseminating information.

Attending meetings.

Exchanging knowledge.

Working with external partners.

#### **Duration:**

Monthly/quarterly.

# Inform

Patient, service user and carer participation is embedded in all that we do. You can help us to communicate this message by attending meetings, networking events and conferences to share best practice and knowledge with others, or by contributing to publications about our participation opportunities.

#### Help us by:

Writing articles.

Organising/attending events.

Representing patients, service users and carers.

Sharing news.

#### **Duration:**

Adhoc.