

UNIVERSITY OF LINCOLN

COVID-19

OUTBREAK MANAGEMENT PLAN

Version 7.0 Dated 20 Sep 21

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PURPOSE OF THIS DOCUMENT

- 1. This Outbreak Management Plan forms part of a suite of plans and documents, which aim to create a COVID secure campus and, together, set out how the University of Lincoln will seek to: sustain high quality teaching and research; provide a good student experience; reduce the risk of transmission of the virus; control an outbreak either on campus, or amongst staff and students, and reduce the impact of a local outbreak.
- 2. The purpose of this document is to set out how the University plans to manage the impact of a local outbreak and/or control an outbreak occurring either on campus, or amongst staff and students (in their accommodation/households). Whilst some scenarios are considered (at Annex E), it is important to bear in mind that an outbreak is unlikely to fit neatly into a pre-ordained scenario. The response to an outbreak will be dynamic, requiring rapid decision-making, extensive coordination with partners and carefully managed communication. The scenarios are designed to assist with the speed of response by providing a suggested range of responses, depending on the severity or pace of the outbreak.

COMMAND AND CONTROL

- Whilst overall responsibility for the University's Outbreak Response Plan rests with the Senior Leadership Team, it is delegated on a day-to-day basis to the COVID-19 Incident Manager (IM), either Julian Free (Deputy Vice Chancellor (People Services & Operations) – DVC PSO), or Simon Parkes (Deputy Vice Chancellor (Finance & Infrastructure) – DVC F&I).
- 4. The Incident Manager (IM), supported by the Senior Leadership Team (SLT) and/or Incident Management Team (IMT) as appropriate, will determine the Tiered Response Level, following advice from the Local Director of Public Health.
- 5. Management of the response will be led by the University of Lincoln COVID-19 Test, Care & Trace (TCT) Team. The University TCT Team comprises:
 - COVID Incident Manager (DVC).
 - Central Team: Project Director (PD) COVID TCT, Senior Administrator TCT, ATS Manager & Staff.
 - College TCT: Ops Dirs, Senior Ops Manager, Ops Coordinator.
 - DDir HR.
 - Dir CDM.
 - Head Accommodation Services.
 - Head Student Support.
 - Chief Executive of Lincoln Students' Union.
- 6. DVC PSO and PD COVID TCT will ensure the TCT Team works effectively with the Local Public Health Team and NHS Test & Trace. They will also oversee data sharing arrangements and make recommendations to SLT (or IMT if stood up) about changes to the Tiered Response Level, having taken advice/direction from the Local Director of Public Health.

GENERAL PRINCIPLES

7. The following general principles will be followed:

a. The number of people on campus will be limited to ensure the University is able to deliver as much face-to-face education and research as possible in accordance with the Government's "<u>Higher education COVID-19 operational</u> guidance - GOV.UK (www.gov.uk)" dated 17 Aug 21.

b. No-one with <u>symptoms of coronavirus</u> (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste) or who feels unwell (the Delta variant can, in addition to the COVID symptoms listed above, also produce symptoms of sneezing, headache, sore throat, runny nose, fatigue and fever) should come onto campus or access university buildings or facilities.

c. Wherever possible face-to-face teaching should be preserved.

d. On campus social activity forms an essential part of the COVID-secure planning for the University as it enables students to socialise in a safe and managed environment – it should be preserved for as long as possible in the event of an outbreak.

e. The University recognises staff and students have the same rights and are bound by the same constraints as any other citizen.

f. The University has a data sharing agreement with the Director of Public Health and will work closely with him and other health professionals to control an outbreak.

COVID-19 MITIGATION

8. The best way to control and manage outbreaks is to avoid them in so far as it is possible. However, the University recognises it must balance the risks of catching COVID-19 against the risks of imposing such sweeping restrictions that staff and students suffer harm in other ways. The University has prepared carefully for the safe return of students to the campus. Measures taken include:

a. **Hands.** Sanitising stations have been installed near every entrance and exit to our buildings and in all teaching spaces.

b. **Face.** Face coverings are recommended in communal areas and teaching spaces inside all University buildings. Social distancing of at least 1m will be maintained in teaching spaces. Where it cannot, e.g. in clinical situations, enhanced PPE will be issued.

g. **Space.** We have taken steps to reduce the numbers of people on campus, converted office space into additional teaching rooms and removed excess furniture from teaching spaces to ensure social distancing. People with COVID, COVID symptoms or those feeling unwell should not access University facilities and/or buildings.

c. **Fresh Air.** Air handling systems will be operating at maximum capacity to support enhanced air circulation across the campus.

- 9. We have installed clear signage at every entrance point reminding staff and students to sanitise their hands, put on their face covering and maintain social distancing. There is clear signage in each teaching space, which sets out the requirement to sanitise the desk, sanitise hands and maintain social distancing. A comprehensive communications plan has been developed. This includes: emails to all staff and students setting out the University's revised approach; letters to all students setting out the behaviours expected from them; and posters and social media content explaining the safety measures in place on campus.
- 10. Where necessary ventilation systems on campus have been fitted with new filters. They are also operating at maximum capacity and for a longer duration to improve ventilation and air flow.

- 11. Wherever possible, one-way systems are in operation, with entrances and exits separated and clear signage installed.
- 12. The University has also invested in its outdoor spaces, extending the outdoor spaces for the Students' Union.

NOTIFICATION AND MONITORING

- 13. Where a student or member of staff has symptoms of COVID-19, they must self-isolate straight away, book and take a PCR test as soon as possible. People should also self-isolate straight away if:
 - They have tested positive for COVID-19.
 - Someone they live with has symptoms or has tested positive (unless not required to self-isolate see below).
 - They have been told to self-isolate by NHS Test & Trace.
- 14. People do not need to self-isolate if they live with someone who has symptoms of COVID-19 or has tested positive for COVID-19 if any of the following apply:
 - They are fully vaccinated this means 14 days have passed since their final dose of a COVID-19 vaccine given by the NHS.
 - They are under 18 years, 6 months old.
 - They are taking part or have taken part in a COVID-19 vaccine trial.
 - They are not able to get vaccinated for medical reasons.

However, even close contacts who are not required to self-isolate should still:

- Take a <u>PCR test on GOV.UK</u> to check whether they have COVID-19.
- Follow Government advice on how to avoid catching and spreading COVID-19.
- Limit contact with people who are at higher risk from COVID-19.

When self-isolating no one should leave home, except to post a test kit or for a PCR test appointment.

- 15. All students and staff should notify the University if they have symptoms or have taken a COVID test (PCR or LFD) whatever the result by completing the University's online <u>COVID Incident Report Form</u>. In addition, students should inform their personal tutor and/or school administrator that they have developed symptoms or tested positive. Staff should inform their line manager. Everyone with symptoms must contact NHS Test & Trace to book a test, even if the symptoms appear very mild. Detailed guidance can be found at:
 - Annex A for Students.
 - Annex B for Academics.
 - Annex C for Professional Services Staff.

PROVISION OF FOOD AND MEDICINE

16. Where a student, or student household is required to self-isolate, the University will, where requested, provide a suitable¹ food pack for each student to support them for up to 48 hours. This will enable them to set up an online delivery, or, if that is not available, to liaise with the University to access a click and collect grocery service. Support should be requested by email to <u>isolatingstudent@lincoln.ac.uk</u>.

WORKING WITH LOCAL PARTNERS

17. DVC PSO sits on the Local Resilience Forum's Strategic Coordination Group, which overseas Lincolnshire's response the pandemic. He represents the two universities in the City. The University also works closely with the Lincolnshire Director of Public Health and our plans for test and trace have been developed with the Director and his team. The University hosts a Local Testing Site, situated near the Joseph Banks Laboratories enabling (staff and) students to access symptomatic testing without the need for a car. We also have an Asymptomatic Test Site located in the Village Hall, enabling staff and students to take lateral flow tests prior to the start of teaching and regularly thereafter and/or to collect LFD test kits.

CONTACT TRACING

18. The University has established a central test, care and trace (TCT) team. The TCT team is supported by COVID points of contact in each of the Colleges, who are, in turn, supported by school administrators and personal tutors. Professional services teams also have nominated COVID points of contact, and the University Accommodation Team, Student Support and Student Union are fully engaged with the University's TCT system. The University's TCT Policy is regularly reviewed and updated by SLT to ensure its alignment with Government COVID direction and guidance.

TIERED RESPONSE LEVELS

19. The Government has previously set out a tiered approach to the blend of online and face to face teaching. Whilst this guidance has been withdrawn, the tiered approach remains a sensible way to think about managing outbreaks; in terms of teaching face-to-face contact will be reduced in line with the severity of the outbreak and as required by Public Health (full details are contained within the COVID Teaching SOP). The tiers are as follows:

a. **Tier 1 (default position).** We will offer blended learning, maximising face-toface tuition whilst taking some measures to limit transmission, e.g. increasing cleaning, ventilation and social distancing. If necessary, the amount of face-to-face teaching will be reduced with large scale teaching (principally lectures) going online first, with smaller group sessions remaining face-to-face for as long as is safe.

b. **Tier 2 (fallback position).** Online learning where possible with face-to-face provision based on risk assessments.

c. **Tier 3 (where stricter measures are needed).** Most courses will now be online with face-to-face provision for priority courses (for example, clinical and medical courses), and in as limited a number of situations as possible. There are likely to be additional restrictions applied locally, which might restrict travel, or require the closure of hospitality venues. The University will support students by keeping services for students, such as university libraries and catering facilities, open where permitted.

¹ Suitable, in this context, means reflecting the student's dietary requirements e.g. Vegan, Gluten-Free, etc.

d. **Tier 4 (last resort).** Almost all provision will be online, with buildings open for essential workers only. This will include the continuation of essential research.

- 20. It is important to note the tiered response level is concerned with the balance of faceto-face and online learning. It does not necessarily equate to an assessment of the scale of any outbreak.
- 21. The University is required to work in partnership with the local Director of Public Health and its responses to any outbreak must be coordinated with them. It follows that decisions about changes to the tiered response level should be made in conjunction with the Lincolnshire Director of Public Health, who will be able to provide up to date information about the local context to inform decisions.

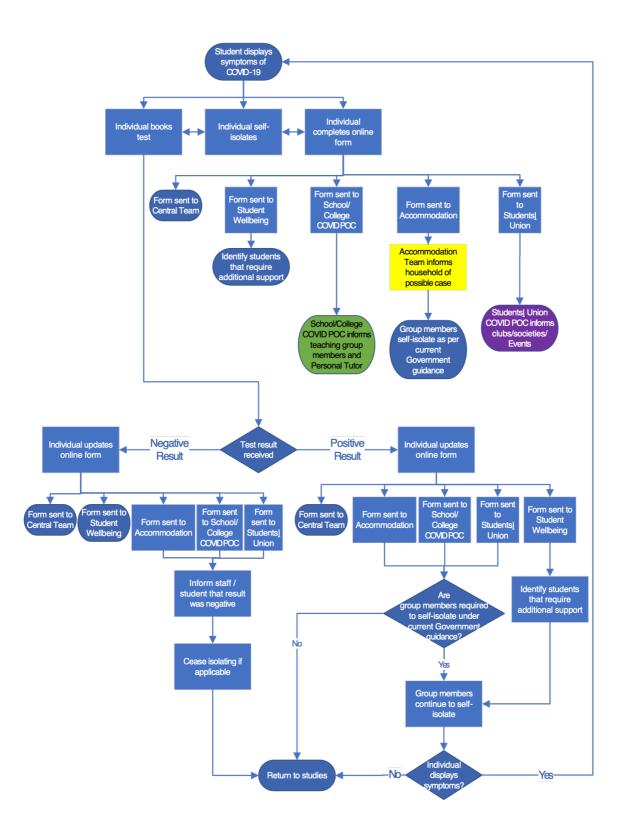
COMMUNICATIONS

- 22. Effective and timely communications are central to both preventing the spread of COVID-19 and managing outbreaks if they occur. Key elements of the University's COVID-19 mitigation communications strategy are set out <u>above</u>. The University's Director of Communications, Development and Marketing will work closely with colleagues from the Local Authority and Bishop Grosseteste University to ensure, in the event of an outbreak, messages from all parties are consistent and timely.
- 23. Example communications to be sent to students (and their households), in the event of them reporting symptoms, are shown at Annex D.

Annexes:

- A. Student Process.
- B. Academic Process.
- C. Professional Services Process.
- D. Student Communications.
- E. Outbreak Scenarios & Responses.

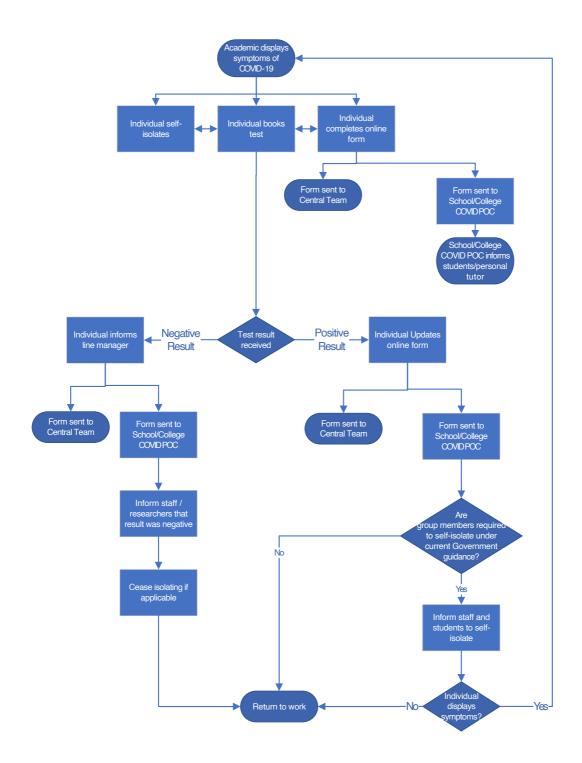
ANNEX A TO UOL C-19 OBP DATED 20 SEP 21



Student Process

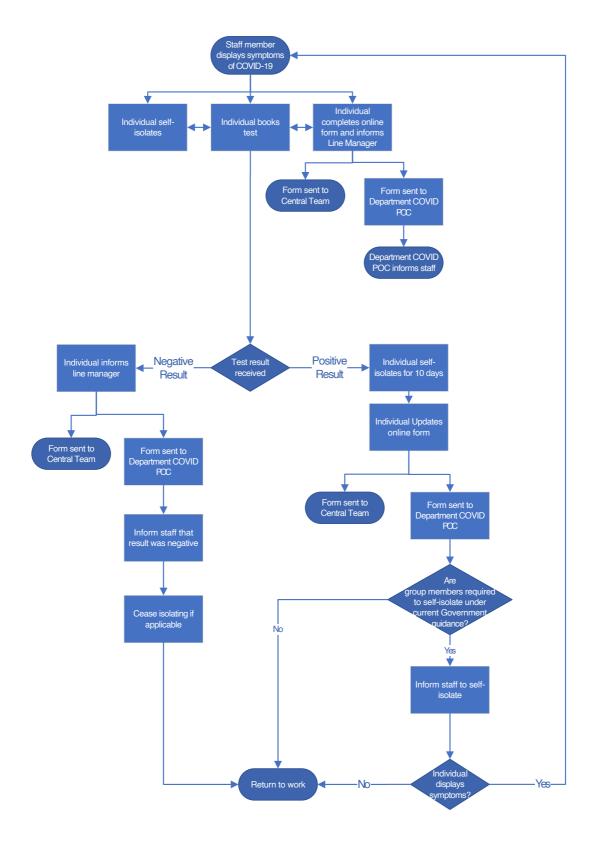
ANNEX B TO UOL C-19 OBP DATED 20 SEP 21

Academic Process



ANNEX C TO UOL C-19 OBP DATED 20 SEP 21

Professional Services Process



ANNEX D TO UOL C-19 OBP DATED 20 SEP 21

STUDENT COMMUNICATIONS

In the event of a symptomatic case being notified to anyone other than via the standardised reporting forms, the symptomatic individual should be directed to self-report via the appropriate form available at: <u>COVID Incident Report Form</u>.

DRAFT COMMUNICATIONS

Symptomatic Student

I understand you may have exhibited symptoms of COVID-19, and I am writing to offer guidance on the Government's requirements and the University's procedures and support.

If you have not already done so, you should immediately book a test via the NHS and formally notify the University using the University's online <u>COVID Report Form</u>. You are required to self-isolate until you receive the results of your test – this will usually be within 24 hours.

To be clear, the Government has set out that self-isolating means **you must not come into contact with anyone else**, even if they are within your household. **You must not leave your accommodation for any reason other than to take or post your COVID-19 test.** You must not go outside to exercise, attend classes or buy food and medicine. You are not allowed to return home.

If you need additional advice or support, or would like to talk to someone in confidence, please do not hesitate to contact your personal tutor or the Student Support service. Once you have the results of your COVID-19 test, please return to the University notification page and let us know the outcome.

If you need food to support you until you can obtain an online food order, please email <u>isolatingstudent@lincoln.ac.uk</u> who will arrange for a food parcel to be delivered to you.

We will let those in your household know that they may need to self-isolate and, if your test result is positive, we will work with you and the NHS Test & Trace team to identify those you have been in close contact with, who may also need to take additional measures.

Household or Teaching Group of Symptomatic Student

I understand a member of your household and/or teaching group has exhibited symptoms of COVID-19, and I am writing to offer guidance on the Government's requirements and the University's procedures and support.

There is no need for you to self-isolate if any of the following apply to you:

- You are fully vaccinated this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS.
- You are under 18 years, 6 months old.
- You are taking part or have taken part in a COVID-19 vaccine trial.
- You are not able to get vaccinated for medical reasons.

However, even if you do not have symptoms, you should still:

- Take a <u>PCR test on GOV.UK</u> to check if you have COVID-19.
- Follow Government advice on how to avoid catching and spreading COVID-19.
- Limit contact with people who are at higher risk from COVID-19.

As the Government guidance above states close contacts of someone with a positive COVID-19 test result should take a PCR test to check whether they also have COVID-19. If your test result is negative, you should continue to take regular tests until your house / flatmate / teaching group member has completed their self-isolation. If your test result is positive you should self-isolate for 10 days and inform the University of your test result using the University's online <u>COVID Report Form</u>. You must not leave your accommodation for any reason other than to take or post your COVID-19 test. You must not go outside to exercise, attend classes or buy food and medicine. You must not return home.

If you develop symptoms, you should immediately book a test via the NHS at the GOV.UK link above. Even if you feel perfectly well, the Government sets out that self-isolating means **you must not come into contact with anyone else**, even if they are within your household. **You must not leave your accommodation for any reason other than to take or post your COVID-19 test.** You must not go outside to exercise, attend classes or buy food and medicine. You must not return home.

If you need additional advice or support, or would like to talk to someone in confidence, please do not hesitate to contact your personal tutor or the Student Support service. Once you have the results of your COVID-19 test, please return to the University notification page and let us know the outcome.

If you need food to support you until you can obtain an online food order, please email <u>isolatingstudent@lincoln.ac.uk</u> who will arrange for a food parcel to be delivered to you.

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OUTBREAK SCENARIOS & RESPONSES

Scenario (a)	Sugg ested Tiered Resp onse Level (b)		Students		Staff (f)	Other Comment s (g)
		Teaching	Accommod ation	Social/ Activities		
		(c)	(d)	(e)		

Scenario	Sugg ested Tiered Resp onse		Students		Staff	Other Comment s
(a)	Level (b)				(f)	(g)
1. Minor local outbreak not affecting staff and students – limited impact on operation s.	1	 Face-to-face teaching continues Consider impact on vulnerabl e or shielding students – do some students need to self-isolate? 	 Assume students remain in accommo dation (i.e. do not travel home). Prepare for potential outbreak in student accommo dation. 	Seek advice from Public Health officials through regular LRF forum attendan ce. Consider strengthe ning social distancin g and monitorin g in SU and Universit y venues.	 Review risk assess ments for vulnera ble staff – consid er asking some additio nal staff to work from home. 	 Increas ed COVID awaren ess commu nicatio ns. Comm unicati ons to empha sise the need to take asympt omatic tests, or book a PCR test if sympto matic, even if sympto ms mild.

Scenario (a)	Sugg ested Tiered Resp onse Level (b)		Students	Staff (f)	Other Comment s (g)
2. Significan t local outbreak – potentially a local lockdown not involving staff or students.	2	 Face-to- face teaching continues if possible, but consider move to online teaching if outbreak prevents travel or significan t numbers of staff and/or students need to self- isolate. 	 Assume students remain in accommo dation. High readiness for outbreak in student accommo dation. Considu measur s (e.g. 1m ® 2m). Considu restricti off- campus meeting of SU clubs a societie Advise student to minimis contact wherev possible 	n vulnera ble staff to remain e at home. r ng s s d s.	 Increas ed COVID awaren ess commu nicatio ns. Comm unicati ons to empha sise the need to take asympt omatic tests, or book a PCR test, even if sympto ms mild. Increas e availab ility of asympt omatic test appoint ments. Encour age more regular asympt omatic testing.

Scenario	Sugg ested Tiered Resp onse	Students		Staff	Other Comment s
(a)	Level (b)			(f)	(g)
3. Minor outbreak in student accommo dation (2 cases confined to one self- contained flat/HMO).	1	 Face-to-face tuition should should continue for same students not contained affected flat/HMO by the outbreak. If a to check teaching group is identified cOVID-1 as "close group is they have identified d isolate for members take a from the PCR test test resul to check date. If whether negative they have they COVID-1 should g. If they covID-1 should g.	e impact on provision. Students in close contact with confirme d cases will need to self- isolate for 14 days from symptom onset, or start a regime of testing, if fully vaccinate d.	 In the event of a confirm ed case, staff in teachin g groups who have not been vaccin ated may need to self- isolate, vaccin ated staff should comme nce daily lateral flow testing. 	 Studen ts to notify Univer sity using the online form. Studen ts should also contact NHS Test & Trace and book a test. Letters issued to student (s) and househ olds, advisin g them on next steps. Univer sity initiate s on campu s contact tracing throug h attend ance logs, activity logs and accom modati on

Scenario	Sugg ested Tiered Resp onse	Stu	idents	Staff	Other Comment s
(a) 4. Major outbreak in student accommo dation (several cases across more than one self- contained flat/HMO).	Level (b) 2 (possi bly movin g to 3 in very seriou s cases)	limiting face-to- face si teaching in to those si program si mes coneeding file access to ta labs and P specialist to teaching wi spaces. the labs and P specialist to teaching 9 group is p identified the as "close si contact" si then: is (a) Fully 1 vaccinate for d re members d take a n PCR test the to check si whether ta they have re COVID-1 L 9. If u positive in they have re COVID-1 L 9. If u positive in they should file self- isolate for 10 days from test result they si should si take a is regular 1 LFD tests fr	ully accinate tudents in the ame elf- ontained at/HMO ake a CR test o check thether ney have COVID-1 . If ositive hould elf- solate for 0 days orm test esult ate. If egative hould ake egular FD tests ntil their focted ouse/ atmate omplete their elf- solate for of clubs and societies. • Advise students to remain on campus, where possible.	 (f) Larger numbe rs of staff likely to have to self- isolate. Vulner able and shieldi ng staff may need to remain at home (where possibl e), or arrang ements made to ensure they have limited contact in the workpl ace – see individ ual risk assess ments. 	 (g) Studen ts to notify Univer sity using the online form. Studen ts should also contact NHS Test & Trace and book a test. Consid er restricti ng access to campu s to staff and student s only. Maintai n access to campu s to staff and student s only. Maintai n access to other suppor t service s on campu s, e.g. librarie s, caterin g and sports

Scenario (a)	Sugg ested Tiered Resp onse Level	Students		Staff (f)	Other Comment s
5. Minor outbreak in a teaching group (2 cases in one teaching group).	(b) 1	 Face-to-face teaching to students continue in the same students not contained affected flat/HMO by the outbreak and to check whether with a outbreak and to check whether with a they have negative they are they are fully should vaccinate d). Fully 10 days vaccinate d date. If group members take a should teaching group members take a should PCR test take a should PCR test take a should PCR test take a should teaching group members they have cOVID-1 Fully 10 days from the d test result take a should self-isolate for 10 days from test result date. If negative they are they have complete should self-isolate for 10 days from test result date. If negative they isolate for should 14 days take from regular LFD tests until their solate for 14 days take from regular take a from test result date. If negative they isolate for 14 days take from regular take from the test result take from test result date. If negative they isolate for 14 days take from regular take from the test result util the in they have complete should self-isolate for 10 days from test result date. If negative they isolate for 10 days from test result date. If negative they isolate for they isolate for they have complete should stake from regular take from regular take from test result date. If negative they isolate for thoy isolate for they isolate for they isolate for thoy isolate	No immediat e impact on provision. Students in close contact with confirme d cases will need to self- isolate for 14 days from symptom onset.	 Staff in teachin g groups may need to self-isolate in the event of a confirm ed case if they are not vaccin ated. Vaccin ated staff should start daily LFD test regime . 	 (g) Studen ts to notify Univer sity using the online form. Studen ts should also contact NHS Test and Trace and book a test even if sympto ms are very mild. Letters issued to student (s) and househ olds, advisin g them on next steps. Univer sity initiate s on campu s contact tracing throug h attend ance logs,

Scenario	Sugg ested Tiered Resp onse	Students		Staff	Other Comment s
(a) 6. Major outbreak across several schools/ colleges.	-	 Limit face-to- face teaching in the affected school/ college to those program mes needing access to labs and specialist teaching in the program mes needing access to labs and specialist spaces. Students should remain in Lincoln. Fully vaccinate d students in the same self- contained flat/HMO take a PCR test to check whether 	Advise the SU to suspend off campus meetings of clubs and societies. Advise students to remain on campus, where possible. Increase	 (f) Larger numbe rs of staff may need to self- isolate. Vulner able and shieldi ng staff may need to remain 	 (g) Studen ts to notify Univer sity using the online form. Studen ts should also contact NHS Test & Trace
		 Consider limiting face-to- face COVID-1 face-to- face gositive teaching they across should the self- Universit isolate for y 10 days dependin from the g on test result contact date. If tracing negative pattern. they Fully should vaccinate d close regular contact LFD tests teaching until their group infected members house/ take a flatmate PCR test complete to check s their whether self- unvaccinate take a flatmate pCR test complete solation. COVID-1 Unvaccin Jif ated positive students they should self- isolate for 14 days 	availabilit y of online activities and entertain ment for students (who are self- isolating).	at home (where possibl e), or arrang ements made to ensure they have limited contact in the workpl ace.	 and book a test even if sympto ms are very mild. Letters issued to student (s) and househ olds, advisin g them on next steps. Restric t access to campu s to staff and student s only. Maintai n access to

Scenario (a)	Sugg ested Tiered Resp onse Level		Students		Staff (f)	Other Comment S
7. Major outbreak affecting both the communit y and the University with a local lockdown imposed.	(b) 4	• All teaching to move online.	 Students to remain in Lincoln. Potentiall y significan t numbers of students may require support with food and medicine if self-isolating. 	 All physical meetings of clubs and societies to be suspende d. Enhance d program me of online activities. Socially distanced exercise program mes to be introduce d (walking/cycling) in line with guidance from the Director of Public Health. 	 All non-essenti al staff should work from home, where possibl e. Essenti al staff require d to suppor t student s should work in groups – attendi ng only when necess ary and maintai ning rigorou s social distanc ing. 	 (g) All campu s buildin gs to be closed except those neede d for student suppor t and essenti al resear ch. Access to campu s to be restrict ed. Strong focus on internal commu nicatio ns to suppor t staff and student s. Expect rise in welfare caselo ad, which may need suppor t from NHS and other partner