Welcome

It is my great pleasure to welcome you to the School of Health and Social Care at the University of Lincoln. We offer a range of professionally accredited, qualifying and post-qualifying undergraduate and postgraduate courses.

Our aim is to produce confident, highly skilled and innovative graduates to improve the quality of nursing, social work and health and social care in the UK and beyond. We strive to provide our graduates with the skills and knowledge to lead and shape the future of health and social care in order to improve quality of life for all.

There are opportunities for placements with a broad range of partners. We enjoy close and productive ties with health trusts, local authorities and voluntary and private organisations across the region.

Students can learn from our expert staff, many of whom keep their practice skills up-to-date by working with service delivery agencies. We undertake a range of high-quality research projects through our thriving Community and Health Research Unit; Mental Health, Health and Social Care Research Group; and Healthy Ageing Research Group.

If you would like to know more, please contact us using the details at the back of this brochure. We look forward to welcoming you to the School at an Open Day.

Nigel Horner
Head of School of Health and Social Care

The University of Lincoln has been named as the top young university in the UK, according to the Complete University Guide 2017. We are 8th out of 128 league table universities for overall student satisfaction, according to the National Student Survey 2016.
Investigating Pre-hospital Pain Management

An international team of researchers, led by Professor Niro Siriwardena from the School of Health and Social Care and medical statistician Dr Zahid Asghar from the School’s Community and Health Research Unit (CaHRU), have been awarded £330,000 funding from the Falck Foundation, based in Denmark, to study pre-hospital pain management.

The study involves collaboration between CaHRU and East Midlands, East of England and South Central Ambulance Service NHS Trusts, together with the Universities of Swansea, Hertfordshire and the Sunshine Coast in Australia.

The study, ‘Exploring factors increasing Paramedics’ likelihood of administering Analgesia in pre-hospital pain: cross sectional study (ExPLAIN)’ aims to identify how patient factors such as age, gender, ethnicity and the cause of pain, together with clinician factors such as sex or role seniority, affect pain assessment and use of analgesic drugs by ambulance staff.

The study builds on current and previous research by members of the team conducted in the area of pre-hospital pain management. The findings will be used to inform recommendations to improve the rate and quality of acute pain relief provided by ambulance staff and to reduce unintended variations in care.

The project is part of CaHRU’s Pre-hospital and Emergency Quality and Outcomes (PEQO) work-stream and involves major collaborations with other ambulance services and academic institutions in England. The study has led to new measures of quality and significant improvements in ambulance service care provision.

Evaluating Support For Young People Leaving Care

A new report by researchers from the School of Health and Social Care shows the benefits and complexities of developing focused support for young people in their transition from residential care to independent living.

Dr Leslie Hicks led an evaluation of an innovative intervention programme designed to enable improvements in the experiences of young people who are preparing to leave residential care. The work was delivered in partnership with national charity Catch22 and funded by the Department of Education.

The research took place in local authority, private and voluntary sector children’s homes and semi-independent provisions in the North West of England, an area which has the greatest number of children’s homes in England.

The intervention was underpinned by the principles of co-production and involved young people and a cross-section of children’s services staff. Participants were provided with an extensive range of training courses, peer learning opportunities, workshops, individual work, and tailored on-site sessions. A range of evaluation methods were used by Dr Hicks and colleague Jenny Dagg to evaluate the support.

Dr Hicks said, “Participative forms of evaluation have the potential to bring lasting benefits to those involved. For young people leaving residential care, the evidence base for ‘what works’ is sparse in comparison with other forms of welfare provision. This evaluation provided an opportunity to contribute to a ground-breaking programme of support for improving the experiences of young people making this frequently daunting transition.”

Strong and consistent progress was seen in relation to raising standards in planning and preparation for independence, and enhancing the life chances of young people. Recommendations from the evaluation have been incorporated into regional policies and procedures, and adopted more widely via service networks, as well as being shared at conferences nationally.

For more detail and the most up-to-date information on our research: www.lincoln.ac.uk/shsc/research
Promoting Awareness of Domestic Abuse

Staff and students organised a Domestic Abuse Conference to explore the causes and consequences of domestic abuse and to assess how better support and provision could be offered to individuals and the wider families who have suffered.

Domestic abuse remains a ‘hidden’ problem across societies, often unreported and ignored; leading to victims being unsupported by statutory and third sector organisations. The impact and effect domestic abuse has on the whole family (as well as wider society) is huge. The event was set up by the Domestic Abuse Research Group to encourage people to talk about abuse. The conference was attended by college and sixth form students.

Staff and students from the Schools of Health and Social Care and Social and Political Science took part. Drama students within the School of Fine & Performing Arts performed action theatre around the topic of relationship abuse.

A range of charities and organisations were involved in the event. Representatives from Lincolnshire County Council and the ‘Think To Speak’ project gave talks during the conference.

Organiser Julie Burton said: “It is important to discuss domestic abuse with children and this conference also enables our students to use the knowledge and skills they have learned and organise an important event for the local community.”

Improving the Quality of Life and Wellbeing of Older People

The Healthy Ageing Research Group (HARG) involves academic, clinical, strategic and operational staff and doctoral students from across the University of Lincoln, as well as the local health, social care and third sector environment.

With an increasingly aged population and in a time of financial constraint, it is essential the shape and development of healthy ageing is explored; identifying preventative and early intervention strategies across health and social care systems. The group has also been involved in assessing the impact of personalisation, integration and the shift from hospital-based care to community responses.

Professor Mo Ray is currently involved in research with colleagues, Dr Lizzie Ward (University of Brighton) and Dr Denise Tanner (University of Birmingham) to examine the experience of older people who self-fund their care. Underpinned by a co-production approach, core objectives are to explore how relationships of care are negotiated and managed by older people who are self-funded; examine the risks that self-funded care generates for different stakeholders, for example older people, carers, service commissioners and providers; and how these are managed. The research also considers what insights the ethics of care might contribute to understanding care relationships in a self-funding context, and to inform commissioning and service provision.

Members of HARG sit on a range of local and national committees and panels including research steering groups, funding stream panels and local strategic and policy groups.

Student Success With Lincoln Award

Students within the School of Health and Social Care undertook a range of volunteering and additional training opportunities to gain the Lincoln Award. Students also attended lectures by guest speakers and went through mock interviews as part of the process.

The Lincoln Award is an employability framework designed to support, enhance and recognise extra-curricular activity. Every student is guided through the award by recommendations from the Careers & Employability team. The award aims to ensure students make the most of the opportunities available and reach their full potential.

Integrating Research into Practice

Researchers within the Mental Health, Health and Social Care Research Group (MH2aSC) have been successful in securing a £450,000 award from Health Education in the East Midlands. The project is aimed at developing the workforce to integrate research into practice.

MH2aSC members Dr Ros Kane, Paul Turner, Dr Christine Jackson and Ian McGonagle led the bid which has enabled the University to currently offer a Bronze Health Education Scholarship. The award is designed to support practitioners to develop PhD proposals directly related to clinical practice. The programme fits within the national strategy for clinical academic careers.

The group are actively engaged in delivering and evaluating a range of learning opportunities for practice colleagues to aid their research and clinical development. Scholars on the programme receive a formal research education and bespoke learning opportunities based on their research and clinical areas of interest.

The aim is for students to produce a coherent and robust PhD proposal for submission to a national funded and highly competitive fellowship scheme such as that provided by the National Institute for Healthcare Research (NIHR).

The MH2aSC team will be researching the clinical, research and leadership development of these practitioners in a longitudinal study.
The School of Health and Social Care aims to produce highly skilled graduates to improve the quality of nursing and health and social care. Students have the opportunity to learn from researchers and academics with extensive practical experience and professional links in the sector.

At Lincoln, students on our Nursing and Health and Social Care degrees have the opportunity to undertake practical work experience to prepare them for the challenges of working in a demanding professional healthcare environment.

BSc (Hons) Nursing with Registered Nurse (Mental Health)
This degree is designed to provide a strong foundation in clinical practice, with a focus on pastoral and academic support. The Nursing and Midwifery Council accredits this course, giving students the option to register as a qualified nurse upon graduation. Students are encouraged to analyse care delivery, critically develop problem-solving skills and learn to think and act as healthcare leaders and managers. Students spend half of their time studying at the University and half gaining practical, supervised experience in a range of healthcare environments, whether that be in a hospital, GP surgery or community healthcare setting.* A significant portion of this degree consists of practice placements in a range of mental health settings, including hospitals, GP surgeries and community healthcare settings.* The course aims to equip students with the skills to deliver essential care, progressing to assessing care needs and making and justifying informed decisions.

BSc (Hons) Nursing with Registered Nurse (Adult)
This course is accredited by the Nursing and Midwifery Council and provides the opportunity to study to become a qualified nurse upon graduation. Students are encouraged to analyse care delivery, critically develop problem-solving skills and learn to think and act as healthcare leaders and managers. Students spend half of their time studying at the University and half gaining practical, supervised experience in a range of healthcare environments, whether that be in a hospital, GP surgery or community healthcare setting.* At Lincoln, student learning is centred around four key areas: professional values; communication and interpersonal skills; nursing practice and decision-making; and leadership, management and team working. The curriculum aims to prepare students to deliver essential care, implement decisions and assess care needs.

Graduate Success
95% of Lincoln’s Nursing graduates were in work or further study within six months of finishing their course. Of those who were employed 100% were in professional or managerial roles, according to the latest Destinations of Leavers from Higher Education survey, as provided by unistats.com

“Health and social care is an area that I am interested in and passionate about, and I loved the course. I decided to study at the University of Lincoln as I came to an open day and really liked the campus. It was a nice community of students within the School, it was easy to ask others for advice and I made a lot of friends.

“There are lots of careers following from this degree as the field is so huge.”

Sian Cullen
BSc (Hons) Health and Social Care

For more detail and the most up-to-date information:

www.lincoln.ac.uk/u/nurs

For more detail and the most up-to-date information:

www.lincoln.ac.uk/u/hesc

BSc (Hons) Health and Social Care
Professionals within the health and social care sector need to be flexible, proactive and committed to success. The course aims to provide a sound and critical understanding of health and social care policy, theory and effective practice and offers practice-based learning, underpinned by academic theory. The programme introduces students to fundamental skills and knowledge in health and social care, explores mental health, public policy and the way health and social care is reflected in the media, and focuses on professional development. There is an opportunity to undertake work experience in a paid or voluntary setting during the final year of the degree. In addition, there is an opportunity to join a study trip to Europe.* Students are responsible for their own travel, accommodation and general living costs while undertaking work experience.

For more detail and the most up-to-date information:

www.lincoln.ac.uk/u/hesc

For the endless opportunities and experiences available throughout the three years really helped to develop my confidence. The course structure allowed me to develop personally and professionally, and academically and practically, preparing me for the job I’m about to undertake.

My three years exceeded my expectations thanks to all the help and support from enthusiastic staff across the campus, amazing friends and unforgettable practice placement experiences.

“I would absolutely recommend anyone considering a degree in nursing to come to Lincoln.”

Shona McLean
BSc (Hons) Nursing with Registered Nurse (Adult)
Postgraduate students in the School of Health and Social Care have the opportunity to engage in a rich variety of research projects, working alongside our academics. You can develop career-relevant and transferable skills. In addition, our courses aim to advance your knowledge and expertise in your chosen area of health and social care. We offer the following postgraduate qualifications:

**MSc Social Work**

This Master’s aims to develop reflective and competent social work practitioners who can practise safely, effectively and confidently in complex environments.

Students have the opportunity to undertake two supervised and assessed practice placements in social work or social care settings during their studies. These placements are designed to provide students with the chance to develop their professional knowledge, theories, values and practical skills.

Example modules include Contemporary Issues in Statutory Social Work Practice; Human Rights, Justice and Wellbeing: A Global Social Work Perspective; and Inter-professional Working.

Our graduates have gone on to work in a broad range of social work settings including Children’s Services, Adult’s Services, Mental Health Trusts, and in a range of independent and voluntary sector organisations.

For more detail and the most up-to-date information:

www.lincoln.ac.uk/course/sowsowms

**Erasmus Mundus Master Advanced Development in Social Work**

This programme has been designed for social sector professionals who wish to gain advanced skills and expertise, especially in international and cross-cultural settings. The course aims to enable graduates to work in senior roles in social work, international development and non-governmental organisations.

For example, in advanced case work, policy and strategy, project development, applied research or stakeholder partnership.

Human rights, empowerment, participation and critical analysis lie at the heart of the curriculum.

The course structure currently includes a full term of study in Lincoln, Aalborg and Lisbon as well as intensive study schools in Paris and Warsaw. The course enables students to exchange and analyse previous professional experience as well as learn new skills and competencies.

For more detail and the most up-to-date information:

www.lincoln.ac.uk/course/sowemnma

**MPhil/PhD Health and Social Care Research Opportunities**

Researchers in the School of Health and Social Care have the opportunity to take part in a structured programme of training designed to develop the research and critical-thinking skills that can benefit career development. Students can be supported by an interdisciplinary team of supervisors made up of experienced academics and practitioners from across the College of Social Science.

This programme is informed by longstanding partnerships with professionals, research organisations and the National Health Service, and by research taking place in the School. Examples of recent research areas include the prevalence of mental health disorders in a probation population, transfer of learning from classroom to practice, and improving pain management in pre-hospital care.

For more detail and the most up-to-date information:

www.lincoln.ac.uk/course/hsphhs8

New for 2017*

- MSc Midwifery
- MSc Nursing (Adult) with Registered Nurse
- MSc Nursing (Children’s) with Registered Nurse
- MSc Physiotherapy
- MSc Occupational Therapy

*subject to validation

In the Research Excellence Framework (2014) the University was placed 10th for the quality of its research outputs in the Allied Health professions, Dentistry, Nursing and Pharmacy category. This research incorporates the work of the Lincoln Institute for Health, a cross-disciplinary group connecting health-related studies.

“Studying at Lincoln has been an amazing and challenging experience. It is intensive and a lot of work but I have the support of my supervisors and the support staff at the University. My supervisors are engaged and supportive, encouraging me to follow my passions.”

Sandra Trebunia, PhD student

Social Work students being filmed whilst undertaking a “House Visit” assessment.
Study Abroad

The School of Health and Social Care currently has a number of partnerships with European and International organisations, including academic institutions in Germany, Sweden, Denmark, France, Slovenia, Portugal, Poland and the USA. These provide an opportunity for joint learning and teaching and also potential exchange visits.

Postgraduate Study Abroad Opportunities

MSc Social Work
Students from the MSc Social Work undertook a week-long study visit to the School of Social Work, University of Western Kentucky, USA. The visit was part of the Human Rights module, Justice and Wellbeing: A Global Social Work Perspective. Students visited The Family Centre’s community services for children; community services for adults; mental health services and a secure centre for troubled young people. Students learned about approaches to social work and social care, shared experiences and made connections with both students and staff from the university.

Erasmus Mundus Master Advanced Development in Social Work
This course has been designed to give social workers outstanding levels of practice skills, so that they can confidently respond to the vulnerabilities and uncertainties facing societies across the world. The international degree programme gives students the opportunity to rotate between social work departments in five European countries: Denmark, France, Poland, Portugal and the USA. The aim is for graduates to be equipped to work in senior social work roles in a wide range of settings, including social services, social welfare, international development and non-governmental organisations.

Undergraduate Study Abroad Opportunities

Students on the BSc (Hons) Health and Social Care have the opportunity to join a study trip to Europe as part of their degree. Similarly, students on our undergraduate nursing programmes have the chance to self-fund Erasmus opportunities throughout the course of their degree.

In previous years students have travelled to Nepal, Croatia, India, Romania, America, Canada and Australia. Please note that when on work placement or field trips students are responsible for any travel, accommodation and general living costs.

Claire Bass, MSc Social Work

I am so glad I took part in this trip to the USA. I have met so many fantastic people and learned so much. I know I have made the right degree choice – and feel that I am part of a wider community of people doing extremely important work.

Professional Development Centre

It is vital that nurses, social workers and all others providing care in an institutional setting, continue their education in a professional setting in order to continue to be competent, capable practitioners equipped to deliver a client-focused service. The Professional Development Centre offers a range of short courses and degree programmes to enhance your learning and help develop a career in the health services.

Undergraduate and Postgraduate Study

The Centre offers the opportunity to top-up existing qualifications to degree level, embark on an MSc programme or attain credits from individual modules which can be used toward a BSc or MSc in the future. Students can undertake study alongside their existing work commitments and use their employment experiences to place theories into context. We offer the following programmes:

• BSc (Hons) Professional Practice
• MSc Advanced Clinical Practice
• MSc Advanced Clinical Practice (Primary)
• MSc Advanced Clinical Practice (Urgent Care)
• MSc Health and Social Care Integration and Innovation
• MSc Healthcare in Secure Environments
• MSc Social Work Advanced Professional Practice
• MSc Specialist Practice Frail and Older Adults for Health and Social Care
• PG Certificate in Non-Medical Prescribing
• Practice Certificate in Independent Prescribing.

Learning Beyond Recognition (LBR)
The Centre provides Learning Beyond Registration courses. LBR is the name used for education funded by regional NHS strategic health authorities to provide non-medical and NHS professionals with skills-based training. The aim is to support healthcare staff to gain skills that are a key priority for the workforce delivery of their respective trust.

LBR short courses are for professionals who require skills-based training. Topics on offer include adult critical care; enhanced practice in acute mental healthcare; infection control for clinical practice; introduction to cognitive and behavioural approaches in mental healthcare; and people, personality and disorder in mental healthcare; as well as non-medical prescribing.

Bespoke Courses
The Centre is an established provider of professional post-qualifying courses for Social Work, Nursing and other professions and has a strong track record of delivering bespoke education to meet the continuing professional development requirements of all of the care professions. A range of local authorities have commissioned the Centre to deliver a number of modules.

For more detail and the most up-to-date information:

www.lincoln.ac.uk/cpd/courses
Our Facilities

The University of Lincoln’s city centre campus provides a modern student-centred environment. Students within the School of Health and Social Care can access a range of excellent facilities, enabling students to develop the practical skills necessary for a future career in Health and Social Care.

Around £200m has been invested in our award-winning* Brayford Pool Campus over the past two decades and a further £130m of investment is under way.

Dedicated Clinical Settings

At Lincoln, nursing students currently study in our dedicated clinical settings, as well as in the classroom. Think Tank, on the Brayford Pool Campus, currently houses clinical spaces including two fully functional wards, two primary care clinics (GP surgeries) and one home environment for simulated learning. Simulation takes the teaching of important elements of nursing from the classroom and applies it to true-to-life scenarios giving students an opportunity to work with patients, both live and artificial.

These facilities are used to give staff a wide range of locations in which to set scenarios. For example, tutors recently simulated a fall down metal fire escape stairs, giving students the opportunity to practise working in a confined space.

Sarah Swift Building

An exciting new development for the School, the Sarah Swift Building, is a £19m investment into a dedicated facility for the Schools of Health and Social Care and Psychology. The building will house high-quality teaching, research, social and learning spaces for both Schools. The building will also include advanced clinical simulation facilities for the School’s nursing courses.

Great Central Warehouse Library

A dedicated subject librarian can help you to navigate and locate a wide range of subject-specific print and electronic resources in our award-winning* Great Central Warehouse Library.

*Please visit estates.lincoln.ac.uk/news/awards for further details.

For more detailed information about our campus and facilities:

www.lincoln.ac.uk/campuslife/ourcampus
Careers in Health and Social Care

Many University of Lincoln graduates use the skills they have developed to go into successful health and social care related careers, while some graduates choose to continue their study at postgraduate level.

Our dedicated team of employment professionals can help you to develop the knowledge, skills, confidence and experience to get the best start in your chosen career.

Nursing

Lincoln graduates have progressed to nursing roles in community and in-patient settings, as well as education, research and health management. Some have gone on to study further at postgraduate level.

Health and Social Care

Graduates may go on to work in a variety of health and social care environments, including roles in healthcare, social care, clinical effectiveness, primary, secondary and tertiary education, public health, health promotion, the penal system, the armed forces, the police, paramedic services, children and vulnerable adult services and charities.

A number of graduates undertake roles in public sector leadership, management, public health and social care research, evaluation and policy development, while others become nurses, occupational therapists, physiotherapists, teachers and social workers via postgraduate entry to these professions.

Social Work

Social workers can work for a variety of organisations including local authorities, prisons, charities, private care homes, voluntary agencies, social work agencies and NHS trusts. Graduates may progress to managerial or team leader positions after gaining experience. Some graduates may choose to set up their own company as a social enterprise.

Career and Employability Guidance

The University’s Careers & Employability Team offers qualified advisors who can work with you to provide tailored, individual support and careers advice during your time at the University and once you graduate.

This service includes one-to-one coaching, CV advice and interview preparation to help you maximise your future opportunities. Having achieved new knowledge and skills, you can be supported to help you to fulfil your career ambitions.

Sparkhouse, the University’s award-winning business incubator, provides training and support for those who have ideas for new enterprises and wish to set up their own business.

Meet Our Alumni

Here, some of our graduates talk about life after Lincoln. Our alumni can continue to have access to tailored support and careers advice. Students can benefit from one-to-one careers support in the first year after graduation, as well as access to events, vacancy information and online resources. For the following two years, alumni can continue to access a range of online resources.

Simon Nugent
BSc (Hons) Nursing with Registered Nurse (Mental Health)

“Self-awareness is crucial to establishing therapeutic relationships and caring for others. It is also one of the greatest gifts anyone can give you. The nursing course at the University of Lincoln gave me greater self-awareness both through lectures and through opportunities to explore my strengths and weaknesses, and my motivations.

“As a result of completing the course I am now a nurse and there can be few careers that are so worthwhile in offering a direct opportunity to care for others.”

Kimmi Highfield
BSc (Hons) Health and Social Care

“My course gave me the foundation of knowledge I needed to gain employment within the healthcare sector. Without my degree I would not have been able to secure my current position within the NHS in such a short space of time.

“The best element of studying Health and Social Care was the tutors. They were supportive, caring and passionate about the course content, and made my three years very enjoyable.”

For more information on the full range of services available through the Careers & Employability Team:
www.uolcareers.co.uk

For more detail and the most up-to-date information:
www.lincoln.ac.uk/alumni
Find Out More

There are many ways for you to engage with the School of Health and Social Care. Whether you want to visit us and take a look around, join our online community or find out more information, we are here to help.

Call us on +44 (0)1522 886644, email enquiries@lincoln.ac.uk or read on to find out ways to get in touch.

Open Days
The University holds Open Days throughout the year, which offer a great opportunity for you and your family to explore the campus, speak to lecturers and find out more about student life at Lincoln. To find out more and to book your place, please visit www.lincoln.ac.uk/opendays

Social Media
To keep up-to-date with the latest news and information from the University, join our online communities. See opposite for our handles, names and addresses.

International Students
The University of Lincoln aims to provide a vibrant and dynamic atmosphere for international students who are looking to study in the UK. Please visit www.lincoln.ac.uk/international for more information.

We want you to have all the information you need to make an informed decision when you are considering which courses and Higher Education providers to apply to.

We encourage you to visit our website for the most comprehensive information, as well as looking at our prospectus, course brochures and visiting us at an Open Day.

The course listings on our website provide detailed information including a full list of core and optional modules, details on fees, and information on any additional costs that you might incur on a particular degree, as well as accommodation costs. Information about the way you will be assessed on your course, where you will study, the staff involved in your teaching, entry requirements and application details can also be found on our website.

For full admissions terms and conditions, please visit: www.lincoln.ac.uk/terms

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University of Lincoln

Postgraduate Visits and Masterclasses
At a postgraduate masterclass, there are opportunities to take part in a lecture or workshop, as well as to meet our academics and other prospective students.
Open Days

Please visit our website to book your place on one of our open days.
www.lincoln.ac.uk/opendays