



# University of Lincoln Postgraduate Student Handbook 2010



UNIVERSITY OF  
LINCOLN



# Welcome

We are delighted that you have chosen our University and that we have been able to offer you a place with us.

This handbook is intended to introduce you to the many aspects of university life and to the picturesque city of Lincoln. This easy-to-use guide will provide you with information on the services and facilities we offer – everything from maps and accommodation to the Students' Union and entertainment.

We hope you find the information in this handbook useful and wish you every success with your postgraduate studies.

If you require any additional information or have any queries, please do not hesitate to contact us.

**Telephone:** 01522 886644

**Email:** enquiries@lincoln.ac.uk

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# The Graduate School

**Telephone:** 01522 886467

**Email:** graduate-school@lincoln.ac.uk

**Website:** www.lincoln.ac.uk/graduate-school

Our Graduate School is dedicated to the promotion of all postgraduate matters.

At the University of Lincoln we aim to provide an excellent service to our postgraduate students, which is why we have an established Graduate School dedicated to the promotion of all postgraduate matters.

The Graduate School's overriding purpose is to support postgraduates by providing training and events, and to oversee the development and maintenance of an excellent environment for postgraduate study. We also provide an independent source of advice for postgraduate students on various issues, including regulations, supervisory practice and finding sources of funding to support postgraduate study.

As a postgraduate student at the University you will be admitted automatically to membership of the Graduate School, in addition to being affiliated to the particular Faculty or Centre which delivers your chosen programme of study. The Graduate School works closely with all the University's Faculties, research centres and research groups to support students, encouraging the adoption of high standards of supervision and training, and organising university-wide events.

An Annual Conference organised by the Graduate School provides postgraduate research students with a great opportunity to present their own results, to prepare for presentation at external conferences, and to learn about other students' research. We also send some students to the East Midlands University Association Postgraduate Conference and other regional and national events.

The Graduate School provides an in-depth programme of short training courses, typically full or half-day, on key topics such as research writing and publishing skills, career development and getting the most out of supervision. The University also provides training for research students involved in teaching-support – an ideal foundation for those seeking a career in academia.

# Commitments and the Student Charter

The University of Lincoln aims to provide you with:

- An education that will prepare you for life, and particularly work, in the 21st Century
- The skills that will enable you to become a lifetime learner
- High standards and quality in all that we do.

The University is committed to ensuring that, throughout your studies, we focus our attention on achieving these aims. In this section we have summarised our commitments, your responsibilities and ways of getting your views heard.

We hope this information will help you make the most of being a student at the University of Lincoln.



Professor Mary Stuart  
Vice Chancellor



Chris Charnley  
Students' Union President

Both staff and students are members of the University, and both have clear rights and responsibilities to each other. The Student Charter encapsulates what we each can expect of the other and what we each owe to the other – it describes the 'contract' between us. To access the Student Charter and the University Regulations online visit: [www.lincoln.ac.uk/students](http://www.lincoln.ac.uk/students)

## How you can help

There are different ways in which students can influence developments within the University and provide feedback:

- As a student representative on Faculty Boards, Boards of Studies, Subject or Course Committees or other formal meetings
- Through the Students' Union via membership of other university committees
- By participating in satisfaction surveys.



## Getting yourself heard

The University has processes in place that offer you the opportunity to share your views and ideas about your student and academic experience. Becoming a student representative will give you the chance to:

- Identify issues and needs affecting students in relation to structures, content, assessment and support facilities for each course/subject
- Represent your colleagues on committees at varying levels
- Participate in making decisions about your department/faculty and programme of study
- Report back to colleagues on the decisions and outcomes of these meetings
- Have something advantageous on your CV
- Develop personal and transferable skills
- Be part of a team.

The student representative system is of great importance to the University and provides opportunities for you to discuss issues relating to your course in a forum made up of both staff and students.

The effectiveness of this system depends on thriving Course/Subject Committees, Faculty Boards and Boards of Studies meeting regularly to air views and to either take agreed action or pass ideas forward to other managers and committees.

## What are Course/Subject Committees, Faculty Boards and Boards of Studies?

- A Course/Subject Committee is a group of staff or students from the same course or reading the same subject, who meet together on a regular basis to identify, analyse and address academic-related issues.
- A Faculty Board of Studies is the committee responsible for all academic matters and oversees the operation of all courses in the faculty.
- A Board of Studies at a partner college monitors the operation of all university programmes delivered through that partner. Students selected by colleagues to attend these committees on their behalf are known as student representatives.

# Services Available

The University is here to support you throughout your time at Lincoln. The following section outlines the services and facilities available on-campus.

## Student Support Centre

**Telephone:** 01522 837080

**Email:** [studentsupport@lincoln.ac.uk](mailto:studentsupport@lincoln.ac.uk)

**Web:** [www.lincoln.ac.uk/studentsupport](http://www.lincoln.ac.uk/studentsupport)

The Student Support Centre is based on the ground floor of the University's Main Administrative Building. It provides a central point of contact for all students with the University's administrative and support services.

There is a dedicated team available at the Centre to deal with student enquiries regarding university systems and procedures, funding, fees and payments, housing, personal support, advice and information. There are also specialist staff employed to give practical and emotional help and support in resolving any issues or concerns students might have.

An additional out-of-hours assignment hand-in facility is also available.

### The Student Support Centre also houses:

- Advice Service
- Student Funding and Information Team.

### Opening times:

Mondays, Tuesdays and Thursdays  
8.30am to 5pm

Wednesdays 9.30am to 5pm

Fridays 8.30am to 4.30pm

## Advice Service

**Telephone:** 01522 837080

**Email:** [advice@lincoln.ac.uk](mailto:advice@lincoln.ac.uk)

**Web:** [www.lincoln.ac.uk/studentservices](http://www.lincoln.ac.uk/studentservices)

The Advice Service is a free, confidential and impartial service available to all students and prospective students of the University. Our professional Advice Team can advise you of your rights and responsibilities across a wide range of subjects, such as:

- Fees/funding
- Accommodation
- Money or debt
- Employment
- Welfare benefits
- Legal issues
- Immigration.

Appointments can be made via the Student Support Centre.

## Student Funding and Information Team

**Telephone:** 01522 886770

**Email:** [studentfundingteam@lincoln.ac.uk](mailto:studentfundingteam@lincoln.ac.uk)

The Student Funding and Information Team is here to provide a friendly and reliable service, enabling access to possible funding solutions for financial problems home students may be experiencing.

## Student Services

**Telephone:** 01522 886181  
**Email:** [studentsupport@lincoln.ac.uk](mailto:studentsupport@lincoln.ac.uk)

Located on the first floor of the Marina Building, the Student Services department has a dedicated team to support you through your time here. Help, support and guidance are available through these specialist services:

- Chaplaincy
- Counselling Service
- Dart (Disability Service)
- Health Centre.



## Chaplaincy

**Telephone:** 01522 886079  
**Mobile:** 07742 324680  
**Email:** [chaplaincy@lincoln.ac.uk](mailto:chaplaincy@lincoln.ac.uk)  
**Web:** [www.lincoln.ac.uk/studentservices](http://www.lincoln.ac.uk/studentservices)

The University's Chaplain is here for anyone within the University. If you need someone to listen, want to share good news or bad, or have issues surrounding work, relationships or life in general, the Chaplain is here to help.

The Chaplain can put you in touch with local faith communities and help you find a place of worship, or help you to continue to pursue your leisure interests and hobbies within the local community.

For international students the Chaplain offers a special welcome which includes a programme of visits to places of interest.

You can contact the Chaplain via Student Services next to the Health Centre and the Student Support Centre on the ground floor of the Main Administrative Building.

Contact can be made 'out-of-hours', including weekends and vacations, by telephoning: **07742 324680**.



Les Acklam – the University Chaplain.



## Counselling Service

**Telephone:** 01522 886181  
**Email:** [counsellors@lincoln.ac.uk](mailto:counsellors@lincoln.ac.uk)  
**Web:** [www.lincoln.ac.uk/studentservices/counselling](http://www.lincoln.ac.uk/studentservices/counselling)

The Counselling Service is a confidential service where you can speak to professionally trained counsellors about any personal concerns that may be affecting you. Some of the issues which are often brought to the service are:

- Adjusting to university life
- Relationships
- Anxiety and depression
- Difficulty studying or concentrating
- Homesickness
- Bereavement
- Stress.

The service is friendly, supportive and open to all students.

## Dart – the University's disability service

**Telephone:** 01522 886400  
**Minicom:** 01522 886055  
**Fax:** 01522 886489  
**Email:** [dart@lincoln.ac.uk](mailto:dart@lincoln.ac.uk)  
**Portal:** [www.visit.lincoln.ac.uk/C6/DART](http://www.visit.lincoln.ac.uk/C6/DART)

If you have a disability, specific learning difference, mental health or medical condition, the University has a specialist department, Dart, committed to providing you with advice and a range of specialist services.

These services include:

- Advice and guidance on study skills and learning strategies
- Screening and assisting with obtaining a diagnostic assessment for dyslexia
- Information on Disabled Students' Allowances (DSAs)
- Assessments of course-related and IT needs
- Advice on personal matters relating to your disability.

The University also operates the Lincoln University Assessment Centre (LUAC) and offers a DSA Needs Assessment Service. The Centre is a member of the National Network of Assessment Centres (NNAC), and one of the first to be awarded the DSA – QAG (Quality Assurance Group).

### Opening times:

Monday, Tuesday and Thursday  
8.30am to 5pm

Wednesday 9.30am to 5pm

Friday 8.30am to 4.30pm

## Health

**Telephone:** 01522 870010 (Brayford)  
**Telephone:** 01522 895332 (Riseholme)

The University's Health Centre is situated on the Brayford Pool campus, in the Marina Building. The Centre is a NHS General Medical Practice run by NHS Lincolnshire and offers medical services to students. An experienced team of doctors and nurses provides help when you have a specific medical problem as well as giving more general health and lifestyle advice.

### Brayford Pool campus

You can register at the practice on enrolment day, or any time during your stay here.

#### Opening times:

Monday to Friday: 8am to 6.30pm with appointments between 9am to 5pm.

An out-of-hours emergency service is available at other times.

Telephone: **01522 870010**.

### Riseholme Park

For students studying at Riseholme Park there is a campus nurse available on Monday, Wednesday and Friday mornings from 8.30am to 10.30am. Carol Varham is based in the campus office and can be contacted via reception or by telephone on: **01522 895332**.



## International Office

**Telephone:** 01522 886040  
**Email:** international@lincoln.ac.uk  
**Web:** www.lincoln.ac.uk/international

The University has a dedicated International Office who are available all year round to offer advice and support to international students.

### The Special Welcome Service

Studying in another country is both exciting and rewarding, and Lincoln's friendly atmosphere will help you settle into life in the UK easily. Our Special Welcome Service is designed to make you feel at home from day one. It includes a welcome and social programme which includes such things as:

- Airport pick up services
- International Welcome Evening
- Campus and historic city tours
- English Language support
- Opening a bank account
- Freshers' Fair – opportunity to meet British students and join social activities and clubs
- Postgraduate coffee mornings
- Automatic membership to the Global Association, the international student society
- A personal welcome from the Mayor of Lincoln.

### Advice Service

The University has a dedicated team of trained staff in our Advice Service based within the Student Support Centre. They are able to assist international students with student visa extensions as well as offering general advice and support.

### English Language Support

The University offers several flexible ways to study English as a Foreign Language in the form of specific courses provided by the Lincoln Business School. The Macmillan English Campus is an online resource for international students to improve their English Language whilst studying at the University of Lincoln, and prior to arrival here. It is free to use for registered users.

For an additional fee, students can opt to study the Cambridge ESOL (English for Speakers of Other Languages) award which is a 33 week course aimed at students who wish to increase their proficiency in English.

For more information please contact the International Office.

## Accommodation

**Telephone:** 01522 886195

**Email:** accommodation@lincoln.ac.uk

**Web:** www.lincoln.ac.uk/accommodation

The University's Residential Services department is situated at the bottom of Campus Way, adjacent to the mini roundabout (point 5 on the map at the back of this handbook).

Wherever you have chosen to live during your time here, you can contact the team and they will offer support and advice.

### Opening times:

Monday to Friday 9.30am to 4.30pm



Lincoln Courts (on-campus Student Village).

## Enterprise@Lincoln

### Enterprise@Lincoln

Enterprise@Lincoln is dedicated to equipping you with the skills, confidence and opportunities to maximise your potential through student life and after graduation. Located in a new £3.2 million building, next to the Great Central Warehouse Library, this innovative central department works closely with Faculties across the University to support enterprising students. For instance, as a postgraduate student, you may be involved in research that generates valuable Intellectual Property (IP). The University is committed to protecting and exploiting such IP, to benefit both the inventors and the institution. Enterprise@Lincoln offers a range of services to develop IP, including advice on IP and exploitation, and support for postgraduate students setting up spin-out companies.

### Graduate Careers

An integral part of Enterprise@Lincoln, the University's careers service offers a dedicated team of qualified advisors who are available to provide you with the individual support and information you need when considering your future. The service works closely with regional and national employers organising a wide range of activities and workshops throughout the year, including: the annual Enterprise & Employability Week, employer presentations, job hunting workshops and employer mentoring schemes, all in addition to advertising graduate positions.

### Starting a Business

Sparkhouse, the University's award-winning business incubation centre for graduates can support the development of your innovative and creative ideas when considering starting a business. The centre provides office accommodation, support through the centre management team and links to other agencies and professional services; while the Enterprise Inc programme provides a bursary scheme to allow students to develop their ideas in a supportive environment.

### Student Job Shop

Through a unique partnership between the University and the Students' Union, this service provides a central point on-campus for employers to advertise paid positions and work experience opportunities. Support is provided to increase your chances of securing these positions ensuring that the experience you gain supports your future career ambitions.

### Contact

For further information contact Enterprise@Lincoln:

**Telephone:** 01522 837200

**Email:** enterprise@lincoln.ac.uk

**Web:** www.uloportunities.co.uk





Full-time Sabbatical Officers, Students' Union team

## Students' Union

The Students' Union (SU) offers a range of services aimed at helping all postgraduates get the most out of their time at the University.

The Union provides support in academic and welfare issues, co-ordinating student activities, social events, sports teams and societies. Looking after your interests on campus is central to the SU, who work closely with the University, resident associations and other local organisations to make sure you have the best postgraduate experience at Lincoln.

### Activities, services and opportunities

The Students' Union provides a wide range of opportunities and experiences to further your experience whilst you're a student at Lincoln. A full description of these activities can be found on the SU website [www.lincolnsu.com](http://www.lincolnsu.com) or in the SU handbook.

Postgraduates at Lincoln have access to the following services:

- The Academic Representation Team who work with the Mature and Postgraduate Society (MAPS) and the Graduate School to enhance the experience of postgraduates and support Student Reps in their role

- Welfare and Diversity who support and offer help on all issues connected with housing, health and student rights
- The Jobshop, which offers a varied range of paid and unpaid, full-time and part-time employment and work experience for all students.

The Students' Union can be found in the Student Centre on the Brayford Pool campus, which also houses the Student Opportunities Activities and Participation (SOAP) Centre. This is a first point of contact for all students and permanent base for a number of SU services, and it's where you can get help and advice from the SU Officers, get involved with sports and societies, find part-time employment or gain voluntary experience. At the Student Centre you will also find the Media Centre, home to *Bullet Magazine* and the Hub – an informal study place with Wi-Fi and large-screen televisions, which is always popular with the University's postgraduate population.

For more information on the University of Lincoln's Students' Union visit: [www.lincolnsu.com](http://www.lincolnsu.com)

## The Mature and Postgraduate Society – MAPS

The Mature and Postgraduate Society (MAPS) is a student run initiative which aims to support the social side of studying at University.

“Our aim is to provide a community of friendly faces you can meet outside your course.

We are the voice of mature and postgraduate students across the University.

We're a friendly group of students who are all at various stages of studying.

Throughout the semester and during holidays we run a series of social activities, events and trips around Lincoln, Lincolnshire and the UK.”

### Contact:

To find out more about MAPS log on to Blackboard (the University's virtual learning environment), click on 'Community', then search 'mature'.

**Email:** [maps@lincoln.ac.uk](mailto:maps@lincoln.ac.uk)



## Security and safety

### On-campus security (24 hours):

01522 886062

**Lincolnshire Police:** 0300 111 0300

The University has security staff and a number of CCTV cameras to ensure your safety. However, the risk of anything happening to you can be minimised by taking a few basic precautions.

- Make a list of all your property, including serial numbers and descriptions. Use a ultra-violet pen to mark belongings with your home postcode and/or your student enrolment number
- Check that windows and external doors can be securely locked before agreeing to rent a property
- Make sure you have adequate insurance
- Report any suspicious activity to the security staff and the police
- If you are bringing your bicycle, make sure it is postcoded and that you use a good quality lock.



## Facilities

The University offers a wide range of facilities to support your study needs and accommodate you during your time at Lincoln. The following pages provide information on facilities ranging from the Library and IT Services to student venues and places to eat.

### The Library

#### Promoting Learning & Research Development

The Library provides a wide range of services and facilities, as well as support and guidance to students on the use of information sources.

These services are essential during postgraduate study, and the department ensures that the equipment and resources are appropriate for your needs. Services specifically tailored for postgraduate study include:

- Induction to services and resources
- Training in information retrieval
- Dedicated subject support from our Academic Subject Librarians.

The Library also offers access to essential tools including an inter-library loans service; access to other university libraries; a range of electronic databases and full-text journals; and a detailed website including information on research and off-campus access.





## Academic Subject Librarians

Academic Subject Librarians work closely with Faculties and Schools to maintain and develop the resources available in the University and Campus Libraries. They are also available to help you access and use the resources. Details of Academic Subject Librarians can be found by visiting <http://nn.nf/923c>

## Computing facilities

The University's computer network gives access to subject information services, the Internet, email and a wide range of software applications including word processing, spreadsheet, database and presentation software; as well as specialist software for statistical analysis, graphics and CAD, digital imaging and multimedia. The University and Campus Libraries have computers, scanners and printer/photocopying facilities as well as Wi-Fi zones for those who would prefer to use their own laptop.

## Off-campus services

Many postgraduate students are not based on-campus all of the time, and therefore need to access resources from their home computer.

The following resources can be accessed off-campus:

- Portal – the University's secure website giving access to all e-resources including databases, journals and ebooks
- University email system
- Access to work you have stored on the computer network
- Blackboard – the University's virtual learning environment
- Library catalogue.

There is also a number of services for distance learning students, including extended loans, journal article photocopying and a postal loans service.

## Library facilities

A full range of library facilities is available at each campus. In addition, the University Library houses a Law Library and other special collections. Facilities and resources include:

- Over 300,000 print book titles and more than 40,000 ebooks
- Over 40,000 journals available in print or electronic format
- An extensive range of electronic resources including databases
- Reference management software
- An online catalogue – [www.library.lincoln.ac.uk](http://www.library.lincoln.ac.uk)
- An online inter-library loans service
- A selection of daily newspapers
- Group rooms, quiet study and flexible learning areas
- Self-service photocopying/printing/scanning facilities.

Language support materials, including books, CDs and CD-ROMs, are also available from the University Library. International students may find these resources useful for improving their English language skills.

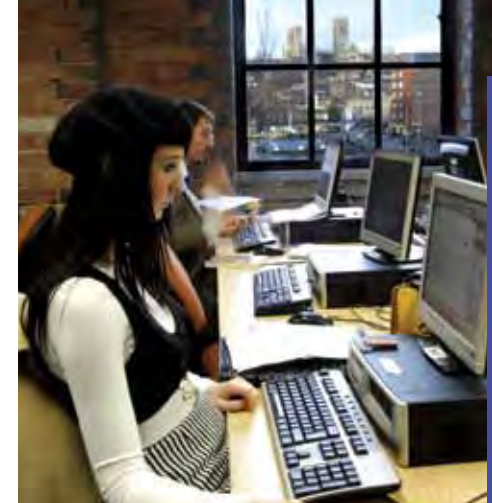
## Contact

For further information on what the Library has to offer at each campus ask at a help desk or contact the service on:

**Telephone:** 01522 886222 (Brayford)  
01522 895310 (Riseholme)  
01482 311654 (Hull)  
01406 493030 (Holbeach)

**Email:** [library@lincoln.ac.uk](mailto:library@lincoln.ac.uk)

Keep up-to-date with library news by visiting: <http://librarynews.blogs.lincoln.ac.uk>



## IT Services

**Telephone:** 01522 886500 (Brayford) 01522 895329 (Riseholme)

### Library opening times:

#### University Library – Brayford Pool campus

	Opening times	Library services
Monday	08.30 – 00.00	08.45 – 23.45
Tuesday	08.30 – 00.00	08.45 – 23.45
Wednesday	08.30 – 00.00	08.45 – 23.45
Thursday	08.30 – 00.00	08.45 – 23.45
Friday	08.30 – 22.00	08.45 – 16.45
Saturday	10.00 – 22.00	10.00 – 16.45
Sunday	12.00 – 00.00	12.00 – 16.45

#### IT desk services close at 18.45 Monday – Thursday.

\*Opening times may be subject to change

#### Campus Library – Riseholme Park

	Opening times	Desk services
Monday	08.45 – 20.00	09.00 – 19.45
Tuesday	08.45 – 20.00	09.00 – 19.45
Wednesday	08.45 – 20.00	09.00 – 19.45
Thursday	08.45 – 20.00	09.00 – 19.45
Friday	08.45 – 17.00	09.00 – 16.45
Saturday	12.00 – 17.00	12.00 – 16.45
Sunday	12.00 – 17.00	12.00 – 16.45

## Student venues

**Enquiries:** 01522 837400

**Email:** [hellothere@engineshed.co.uk](mailto:hellothere@engineshed.co.uk)

**Web:** [www.engineshed.co.uk](http://www.engineshed.co.uk)

**Tickets:** 0844 8888 766

### The Engine Shed and The Tower Bars at the Student Centre

The University's Engine Shed and Tower Bars, housed in the Student Centre, are at the heart of social life on-campus catering for all your entertainment needs. The live music and entertainment venue and bar complex is situated on the main Brayford Pool campus overlooking Lincoln's attractive Marina.

The Student Centre, Lincoln's largest multi-purpose site, stands as a striking architectural landmark in the city – purpose-built to integrate the city's last remaining engine shed. The Centre is also home to a range of services and student opportunities, such as the SOAP Centre, as well as a base for University of Lincoln Students' Union officers.



Events at the Centre range from performances by national and international bands, to weekly student club parties. Previous acts have included The Kooks, Stereophonics, Babyshambles, The Zutons, Gorillaz, and The Ting Tings. It also hosts many of the University's and Students' Union gala events, such as the Graduation Ball, the Athletic Union Awards and the University Fashion Show.

Alongside all of the action in the Engine Shed, the Tower Bars host a variety of events from the Big Student Quiz to Club Nights. The Bars also provide the ideal location for you to relax and unwind. Whether it's a bite to eat and a drink with friends, a game of pool or a night watching the big game on our wide-screen TV, the Tower Bars provide a perfect social setting.

### R-Bar (Riseholme Park campus)

The University's Riseholme Park campus has its own student bar, located in the Tennyson Building. The bar offers a great place to meet and relax in the evenings as well as hosting quiz nights, parties and other events. The Entertainments Committee comprises students studying at the campus and works with the bars team in order to provide an excellent venue for students at the campus.

For more information email:

**[rbar@lincoln.ac.uk](mailto:rbar@lincoln.ac.uk)**

**Enquiries:** 01522 837400

## LPAC (Lincoln Performing Arts Centre)

**Telephone:** 01522 837600

**Email:** [enquiries@lpac.co.uk](mailto:enquiries@lpac.co.uk)

**Web:** [www.lpac.co.uk](http://www.lpac.co.uk)

The University's Lincoln Performing Arts Centre (LPAC) provides a state-of-the-art learning environment for the University's Dance and Drama students and a high quality community venue for wider cultural events.

The space boasts a 446-seat theatre, three large studio spaces for performance and rehearsal, backstage facilities and workshops. The Centre regularly holds high-profile live performances, including a broad variety of plays, comedies and musical concerts. Past performances have included the National English Contemporary Ballet, Nicola Benedetti, Chris Addison, *We're going on a Bear Hunt*, *The Caretaker*, BBC Radio 4's *Just a Minute* and Ian McMillan. Each performance is open to all students and the wider community to attend, firmly positioning LPAC as one of the city's top arts centres.



Inside the Lincoln Performing Arts Centre, Brayford Pool campus. 21

# Sports Centre



**Telephone:** 01522 886688

**Email:** sportscentre@lincoln.ac.uk

The University of Lincoln Sports and Recreation Centre boasts a large selection of modern, specialist facilities. Its primary purpose is to accommodate the needs of both students and staff of the University of Lincoln, providing the opportunity to participate in many sports-based activities and fitness classes.

## Facilities:

- Double sports hall
- Five-a-side football pitches
- Seven-a-side football pitch
- Squash courts
- Fitness Centre
- Synthetic pitches (including a full-size floodlit synthetic hockey pitch and five-a-side pitches).
- Dance studio (a large sprung floor with high tech sound system, radio mike and mirrored walls makes this ideal for classes such as ballet, contemporary dance, step and self defence).
- Saunas
- Badminton/short tennis courts
- Basketball courts
- Volleyball courts
- Netball courts.



## Fitness Centre

The University of Lincoln Fitness Centre houses an excellent range of fully inclusive equipment. This includes cardiovascular equipment, resistance equipment, free weights, an abdominal room and stretching area. The Fitness Centre is a delightful venue in which to train, with air conditioning and a fantastic view of the Cathedral, Castle and uphill Lincoln. The Centre hosts a wide choice of fitness classes from Aerobics to Street Dance. You can also benefit from a personal programme, which includes one-to-one sessions with a fitness instructor and is designed to suit your experience, fitness levels and help you to achieve your goals.

## Fitness Centre membership

Unlike other sports centres and gyms in the area the University Sports Centre has no joining fee for students. We offer four simple and flexible ways to pay for your gym membership:

- Yearly
- Termly
- Monthly
- Pay-as-you-go.



## Sports and activities

A wide variety of intramural sports are on offer, for example, five-a-side football leagues, squash or badminton all run throughout the year. Our leagues and challenges are designed to promote friendships between students as part of our Healthy Campus and enrichment initiatives. Students of all abilities are encouraged to participate.

## Human Performance Centre

The University of Lincoln's Human Performance Centre provides a Regional Centre of Excellence in Sport, Coaching and Exercise Science. The Centre provides excellent facilities to meet the academic needs of programmes and delivers first-class sport and exercise support provision.

### Facilities include:

- Physiology and Biochemistry Laboratory
- Biomechanics and Motor Control Laboratory (incorporating a golf-specific analysis area)
- Performance Analysis Suite
- Interview/Consultation Suite.

## Places to eat

### Brayford Pool campus

Although the accommodation on the Brayford Pool campus is self-catering, there is a variety of places to eat on-campus.

#### ■ The Atrium

The Atrium is based in the heart of the University's Main Administrative Building, situated on the ground floor.

##### Opening times:

##### Breakfast:

Monday to Friday 8.15am to 11am

##### Lunch:

Monday to Friday 11.30am to 2.30pm

During University holidays: 11.30am to 2pm

#### ■ The Atrium Coffee Shop

Situated on the ground floor of the Main Administrative Building.

##### Opening times:

Tuesday to Thursday 8am to 7.30pm

Monday and Friday 8am to 4.30pm

During University holidays: 8.30am to 3.30pm

#### ■ The Tower Bars at the Engine Shed

The bars serve food and drink throughout the day and are open from 11am until late.

##### Bar opening times:

Monday to Saturday 11am to late

Sunday noon to late

**Food service times:** Noon to 8pm

#### ■ Architecture Building – Café Bistro

##### Opening times:

Monday to Thursday 8.45am to 3.00pm

Friday 8.45am to 2.30pm

During University holidays as advertised.

#### ■ Lincoln Performing Arts Centre (LPAC) – Café Resource

##### Opening times:

Monday to Thursday 9am to 5pm

Friday 9am to 4pm

Open during University holidays.

#### ■ Enterprise@Lincoln

##### Opening times:

Monday to Friday 10am to 3.30pm

Open all year round with the exception of Bank Holidays and the Christmas closure, to all staff, students, visitors and the general public.



### Cathedral Quarter campus – Lincoln School of Art & Design\*

#### ■ Thomas Parker House – Eating Place

Located on the second floor

##### Opening times (term-time only):

Monday to Thursday 8.45am to 4pm

Friday 8.45am to 3.30pm

#### ■ Chad Varah House

Located on the ground floor

##### Opening times (term-time only):

Monday to Friday 9.30am to 2pm

#### ■ Greestone Building

Situated off The Gallery

##### Opening times (term-time only):

Monday to Friday 10am to 2pm

### Riseholme Park

##### Meal times (term-time only):

##### Monday to Friday

Breakfast: 7.45am to 9am

Lunch: 11.45am to 1.30pm (cash only)

Evening meal: 4.45pm to 5.45pm

##### Weekends

Brunch: 11.30am to 1.30pm

Evening meal: 4.45pm to 5.45pm

##### Coffee and snacks (during term-time):

Monday to Friday 7.45am to 5.45pm

During University holidays as advertised.

\* Opening times may be subject to change

# Travelling to Lincoln

## Road:

If you are coming from the South you should take the A1 until you reach Newark (A46). From the North, come off the A1 at Retford (A57). Lincoln is 40 miles east of Nottingham on the A46 and 40 miles south of the Humber Bridge on the A15.

## Rail:

The railway station is a five-minute walk from the Brayford Pool campus and a 10-minute walk from the Cathedral Quarter. If you are coming from London, we are two hours from London King's Cross.

## Air:

Humberside airport is just 40 minutes away, with flights to Europe. Nottingham East Midlands airport is an hour's drive and Birmingham International an hour and a half.

## Getting around:

A shuttle bus runs between the Brayford Pool campus, Cathedral Quarter and Riseholme Park.



# Campus map and room locations



## Brayford Pool Campus

- 1 Bridge House
- 2 Lincoln Canoe Club
- 3 EMMTEC
- 4 Engine Shed
- 5 Estates and Facilities
- 6 Main Administrative Building
- 7 Media, Humanities & Technology
- 8 PCT (Health Centre) & Student Services
- 9 School of Architecture
- 10 LPAC
- 11 Science Centre
- 12 Sparkhouse Studios
- 13 Sports Centre
- 14 Student Village (Accommodation)
- 15 University Library
- 16 Village Hall
- 21 Witham House
- 22 Harrison House
- 23 Think Tank
- 24 Lincoln School of Engineering (from June 2011)

## Cathedral Quarter

- 17 Chad Varah House
- 18 Christ's Hospital Terrace/St Michael's
- 19 Greestone Building/Tithe Barn
- 20 Thomas Parker House

## Room locations

- AR – Architecture Building
- Cargill Lecture Theatre – Main Administrative Building
- Co-op Lecture Theatre – Main Administrative Building
- Jackson Lecture Theatre – Main Administrative Building
- MC – Media, Humanities and Technology Building (MHT)
- PSY – Psychology Labs, Main Administrative Building, 2nd floor
- SB – Science Building
- MB – Seminar Room, Main Administrative Building

- 25 Business and Law School (from January 2011)
- 26 Enterprise@Lincoln
- UL – University Library
- PA – Lincoln Performing Arts Centre (LPAC)
- VH – Village Hall
- Faculty offices**
- Art, Architecture & Design**  
Architecture Building, 2nd floor
- Business & Law**  
Main Administrative Building, 2nd floor
- Health, Life & Social Sciences**  
Bridge House, ground floor
- Media, Humanities & Technology; Centre for Education, Research & Development**  
both MHT Building, 3rd floor
- Lincoln School of Engineering**  
Think Tank
- Student Support Centre**  
Ground floor, Main Administrative Building
- P Public Car Parking
- P Permit Only Parking

# Useful contacts

## Main Switchboard

Telephone: 01522 882000

## Accommodation Service

Telephone: 01522 886195

Email: [accommodation@lincoln.ac.uk](mailto:accommodation@lincoln.ac.uk)

[www.lincoln.ac.uk/accommodation](http://www.lincoln.ac.uk/accommodation)

## Advice Service

Telephone: 01522 837080

Email: [advice@lincoln.ac.uk](mailto:advice@lincoln.ac.uk)

[www.lincoln.ac.uk/studentsservices](http://www.lincoln.ac.uk/studentsservices)

## Enterprise@Lincoln

Telephone: 0800 915 5278

Email: [enterprise@lincoln.ac.uk](mailto:enterprise@lincoln.ac.uk)

[www.uloppportunities.co.uk](http://www.uloppportunities.co.uk)

## Chaplaincy

Telephone: 01522 886079

Email: [chaplaincy@lincoln.ac.uk](mailto:chaplaincy@lincoln.ac.uk)

[www.lincoln.ac.uk/studentsservices](http://www.lincoln.ac.uk/studentsservices)

## Computing Services

Telephone:

01522 886053 (Brayford)

01522 895329 (Riseholme)

## Counselling Service

Telephone: 01522 886181

Email: [counsellors@lincoln.ac.uk](mailto:counsellors@lincoln.ac.uk)

[www.lincoln.ac.uk/studentsservices](http://www.lincoln.ac.uk/studentsservices)

## Security and Safety

Lincolnshire Police: 0300 111 0300



UNIVERSITY OF  
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## University of Lincoln

Brayford Pool, Lincoln LN6 7TS

**Telephone:** 01522 886644

**Fax:** 01522 886880

**Email:** [enquiries@lincoln.ac.uk](mailto:enquiries@lincoln.ac.uk)

## Disability Service (Dart)

Telephone: 01522 886400

Minicom: 01522 886055

Fax: 01522 886489

Email: [dart@lincoln.ac.uk](mailto:dart@lincoln.ac.uk)

## Finance Department

Telephone: 01522 886705

Email: [ar@lincoln.ac.uk](mailto:ar@lincoln.ac.uk)

## Health

Health Centre

Telephone:

01522 870010 (Brayford)

01522 895332 (Riseholme)

**NHS Direct Telephone:** 0845 46 47

## International Office

Telephone: 01522 886040

Email: [international@lincoln.ac.uk](mailto:international@lincoln.ac.uk)

[www.lincoln.ac.uk/international](http://www.lincoln.ac.uk/international)

## Library

Telephone:

01522 886222 (Brayford)

01522 895310 (Riseholme)

Email: [comments@lincoln.ac.uk](mailto:comments@lincoln.ac.uk)

[www.library.lincoln.ac.uk](http://www.library.lincoln.ac.uk)

## On-campus Security

Telephone: 01522 886062

## Student Funding and Information Team

Telephone: 01522 886770

Email: [studentrevenue@lincoln.ac.uk](mailto:studentrevenue@lincoln.ac.uk)

## Student Support Centre

Telephone: 01522 837080

Email: [studentsupport@lincoln.ac.uk](mailto:studentsupport@lincoln.ac.uk)

[www.lincoln.ac.uk/studentssupport](http://www.lincoln.ac.uk/studentssupport)

## Students' Union

Telephone: 01522 886006

Email: [su@lincoln.ac.uk](mailto:su@lincoln.ac.uk)

[www.lincolnsu.com](http://www.lincolnsu.com)

[www.lincoln.ac.uk](http://www.lincoln.ac.uk)